

Welcome to Pure North – 2019 Program Options

Platinum \$300/month + \$4.53 GST (Approximately \$10/day)

	No. in 12 months of program	Service:	Details:
Testing	1	Extended Blood Work Panel	Bloodwork every 3 months, rotating panels
	1	Basic Blood Work Panel	
	2	Vitamin D & B12 Check	
	1	Pre & Post-Provoked Toxicity Test	As recommended
ND or NP consults	2	Check-In Consult (pre-testing)	Every 6 months at Extended & Basic Panel blood draw appointments
	2	Follow-Up Consult (results review)	2 weeks after Extended & Basic Panel testing when results are available
	Up to 3	Additional 30 Minute Consults	Schedule as needed throughout the year
Supplements	4	Box of Vitality Packs	Each box contains 3 month supply
	2	Bottle Vital Nutrients Powder	Each bottle contains 6 month supply
	As recommended	Vitamin D drops	3 month supply provided at supplement refill appointments
	(1 per day)	Probiotic Pro 12	
		Bone Renewal (while quantities last)	6 month supply provided at supplement refill appointments
	Cell Protector (while quantities last)		
As recommended	Liposomal Glutathione	As recommended	
As recommended	Additional supplements	3 month supply provided at refill	
Nurse consults	As needed	Brief Check-In Consults	Review and refill supplements, optional TANITA body composition analysis
Dental	1	Dental health assessment CBCT scan reviewed by dentist (dental insurance may be utilized)	As recommended
Nurse Practitioner Primary Care	Nurse Practitioners are able to provide nearly all primary care services that family doctors provide with care that is aligned with a preventative approach and interconnected with your Pure North program. You have access to Nurse Practitioner care as a Pure North member.		

Gold \$113/month + \$3.03 GST (Approximately \$3.75/day)

	No. in 12 months of program	Service:	Details:
Testing	1	Basic Blood Work Panel	Bloodwork every 3 months, rotating panels
	1	Vitamin D Blood Work Panel	
	2	Vitamin D & B12 Check	
	1	Post-Provoked Toxicity Test	As recommended
ND or NP consults	1	Check-In Consult (pre-testing)	Every 12 months at Basic Panel blood draw appointments
	1	Follow-Up Consult (results review)	2 weeks after Basic Panel testing when results are available
	Up to 2	Additional 30 Minute Consults	Schedule as needed throughout the year
Supplements	4	Box of Vitality Packs	Each box contains 3 month supply
	2	Bottle Vital Nutrients Powder	Each bottle contains 6 month supply
	As recommended	Vitamin D drops	3 month supply provided at supplement refill appointments
	(1 per day)	Probiotic Pro 12	
		Bone Renewal (while quantities last)	6 month supply provided at supplement refill appointments
	Cell Protector (while quantities last)		
As recommended	Liposomal Glutathione	As recommended	
Nurse consults	As needed	Brief Check-In Consults	Review and refill supplements, optional TANITA body composition analysis
Nurse Practitioner Primary Care	Nurse Practitioners are able to provide nearly all primary care services that family doctors provide with care that is aligned with a preventative approach and interconnected with your Pure North program. You have access to Nurse Practitioner care as a Pure North member.		

Silver

\$83/month + \$3.03 GST (Approximately \$2.75/day)

	No. in 12 months of program	Service:	Details:
Testing	2	Vitamin D Blood Work Panel	Bloodwork every 3 months, rotating panels
	2	Vitamin D & B12 Check	
ND or NP consults	Up to 1	Additional 30 Minute Consult	Schedule as needed throughout the year
Supplements	4	Box of Vitality Packs	Each box contains 3 month supply
	2	Bottle Vital Nutrients Powder	Each bottle contains 6 month supply
	As recommended	Vitamin D drops	3 month supply provided at supplement refill appointments
	(1 per day)	Probiotic Pro 12	6 month supply provided at supplement refill appointments
		Bone Renewal (while quantities last) Cell Protector (while quantities last)	
As recommended	Liposomal Glutathione	As recommended	
Nurse consults	As needed	Brief Check-In Consults	Review and refill supplements, optional TANITA body composition analysis

Flex

\$30/month + \$0.39 GST (Approximately \$1/day)

	No. in 12 months of program	Service:	Details:
Testing	1	Vitamin D Blood Work Panel	Bloodwork every 6 months, alternating panels
	1	Vitamin D & B12 Check	
Supplements	As recommended	Vitamin D drops	3 month supply provided at supplement refill appointments
	(1 per day)	Vitamin C	6 month supply provided at supplement refill appointments
		Bone Renewal	
		Cell Protector	
As recommended	Liposomal Glutathione	As recommended	
Nurse consults	As needed	Brief Check-In Consults	Review and refill supplements, optional TANITA body composition analysis